

Your face and body takes a beating during the cold season. But why not try taking a couple of extra steps to **keep your face supple and your body tight.**

WORDS BY SEVEN BROWN

face | body

Green Grooming

One of my favorite brands, Weleda has been around since 1921, when a group of pharmacists and physicians gathered in Switzerland under the guidance of Dr. Rudolf Steiner to create a natural medicine and personal care company. Weleda pioneered the use of biodynamic and organic ingredients in the personal care industry. Weleda continues to harvest ingredients from their own gardens and obtain them through Fair Trade practices. Production is done according to a holistic criteria in order to maintain the original life force of the ingredients; they never test on animals and all packaging is made of recyclable materials. Weleda helps communities worldwide by assisting villagers in converting conventional farms into sustainable operations. This line is an excellent choice for the Winter season—it's affordable and effective. **>>> WHERE TO BUY** Available online at www.saffronrouge.com/weleda/face-care.

[1] SHAVING CREAM

A non-foaming shaving cream formulated for sensitive skin. It creates a lush, creamy lather to help protect against cuts and irritation while softening skin with botanical ingredients. Sweet almond oil supports skin's natural moisture balance. Soothing organic pansy extract calms irritation and conditions skin. Finishes with an herbal scent. **1 \$8.50**



[2] AFTER SHAVE BALM

Light lotion works both wet and dry. Soothe sensitive skin after shaving. The fast-absorbing organic jojoba seed oil protects skin without any greasiness and keeps sensitive skin from drying out. Biodynamic aloe to soothe razor burn. Antiseptic myrrh, a natural astringent calms small shaving wounds. **1 \$13.75**



[3] MEN'S FACIAL MOISTURIZER

Hydrate and refine all skin types with this soothing light cream. The fast-absorbing formula instantly locks in moisture, eases tightness and leaves skin noticeably soft. Deeply moisturizing organic jojoba seed oil improves elasticity. Marshmallow root extract soothes and calms irritation—which has a subtle and fresh herbal scent. **1 \$15.25**



Spanks for Men

Carve the turkey, trim the tree and don't forget your Equmen! Equmen joins both the athletic need and health concerns by creating a grooming accessory and tool all in an undergarment. Precision undershirt & underwear, comes in array of traditional colors, improves posture, slims & streamlines, supports core muscles, reduces back pain, controls body temperature, manages moisture, and accelerates muscle recovery. These unique compression garments are undetectable underneath clothing, empower men to put their best self forward. The science behind it is the proprietary Helix-Mapping System, which is said to combine a taping technique physical therapists use to improve postural alignment with core muscle support from next generation fabrics. **>>> WHERE TO BUY** Available now at www.equmen.com and at Saks Fifth Avenue stores nationwide.

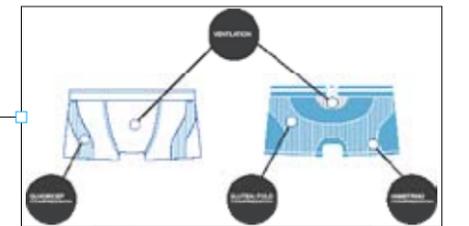
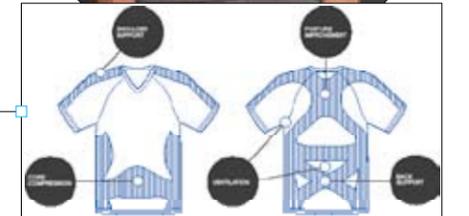


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